

QUEST SERIES

QNET presents:

Leading with Laughter: Generate POSITIVE Energy, Create GREAT Relationships!

Friday, September 28, 2012 – 11:30 a.m. to 1:30 p.m. – Luncheon presentation

Location: QNET - Suite 660, 175 Hargrave Street, Winnipeg

Mood is the most important factor in determining the way we perceive people and happenings in the outside world, and how we react to them. The good news is: we are all able to create energy that can change our mood, change our attitude and create a contagious environment that leads to healthy satisfied, high-achieving teams – an inspired workforce! Creative thinking skyrockets. Cooperation soars. Job satisfaction goes through the roof.

At this session, participants will:

- Implement strategies for more control on the direction of their environment
- Explore techniques to implement appropriate mirth, laughter, celebration and fun in the workplace
- Create innovative ways to liberate themselves from stress and dramatically improve morale
- Build confidence for creating great relationships
- Become a catalyst for creating positive and healthy work environments

As leaders, we all need to increase the laughter in our lives so that we can weather life's challenging moments and put everything in perspective. The power of laughter is being rediscovered, particularly in the workplace. It's an innovative way to combat stress, dramatically improve morale, and significantly increase camaraderie and motivation.

Presenter: Rolande Kirouac delivers a refreshing and innovative approach to organizational wellness. She believes that leaders who learn to smile and laugh more easily, and more often, foster cooperation, creative thinking, job satisfaction and a workplace where employees want to be. She has co-authored *Leadership Gurus Speak Out!* and created *HA!*, a 70-minute Spontaneous Laughter Workout CD. Rolande is a member of the Canadian Association of Professional Speakers, the Chamber of Commerce, Toastmasters and QNET.

QUEST is a series of information sessions that bridge the gap between business needs and local consulting expertise. Presentations feature a variety of concepts, tools and practices relevant for today's workplace.

This session is presented by QNET in partnership with APICS Winnipeg Chapter and Industry Workforce Development, Manitoba Entrepreneurship Training and Trade

REGISTER NOW - Fax this form to (204) 949-4990 or register online at www.qnet.ca

Fee: \$39.00 + GST for Members of: QNET APICS \$49.00 + GST for Non-Members

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Participants will receive location and final details by email approximately 3 business days prior to the session. Please contact QNET if you do not receive this information. Cancellations must be received in writing no later than 6 business days prior to the session. After that time, the full registration fee will apply. Replacement participants are accepted at any time. Invoices will be sent for non-attendance. G.S.T. Reg # 899755334RT



QNET
Suite 660, 175 Hargrave Street
Winnipeg, MB R3C 3R8
Phone: (204) 949-4999
Fax: (204) 949-4990
mail@qnet.ca
www.qnet.ca