

LEADERSHIP & MANAGEMENT

QNET presents:

Increasing Your Personal Change Readiness

Monday, December 3, 2012 – 12:45 p.m. to 4:30 p.m.

Location: QNET – Suite 660, 175 Hargrave Street, Winnipeg

Many employees experience high levels of stress during organizational change, and when coupled with feeling a lack of control, they are unable to move through the change process. *Increasing Your Personal Change Readiness* teaches you specific strategies that help you retain a sense of balance and enhance your personal well being during organizational change.

At this interactive workshop, you will explore the fundamental issues of how to survive and thrive in a world of constant change and changing expectations, and how to help yourself and others to use change as an opportunity for growth and learning.

You will gain an understanding of how to integrate the four keys to personal change readiness into your daily work practices in order to:

- enhance your own personal change readiness
- experience a greater feeling of control
- reduce stress
- respond more productively to organizational changes

Who should attend: This half day seminar has been uniquely designed for employees who are anticipating or undergoing change. Whether you are a senior executive or a front line worker, this program can help you overcome the stress and uncertainty associated with organizational change.

Facilitator: Dawn-Marie Turner, Ph.D., President of Turner Change Management, is an international researcher, speaker, trainer, writer, and certified management consultant (CMC). She has fifteen years of experience in change programming, transition planning and change management coaching. With a doctorate in applied management and decision science from Walden University in Minnesota, Dawn-Marie has developed her own proprietary change transition methodology – DEAM©. She has been a speaker at national and international conferences on organizational change and her work has been published in the International Journal of Quality and Service Sciences and the International Journal of Knowledge, Culture and Change Management. Dr. Turner works to help her clients use change to increase their competitive advantage.

This session is presented by QNET in partnership with Industry Workforce Development, Manitoba Entrepreneurship, Training and Trade

REGISTER NOW - Fax this form to (204) 949-4990 or register online at www.qnet.ca

Fee: \$229.00 + GST for QNET Members \$269.00 + GST for Non-Members

Name _____ Title _____

Organization _____ City _____

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Payment method: VISA AMEX MasterCard Cheque Enclosed

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Participants will receive location and final details by email approximately 3 business days prior to the session. Please contact QNET if you do not receive this information. Cancellations must be received in writing no later than 6 business days prior to the session. After that time, the full registration fee will apply. Replacement participants are accepted at anytime. Invoices will be sent for non-attendance.

G.S.T. Reg # 899755334RT



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