

LEADERSHIP & MANAGEMENT

QNET presents:

Essential Coaching Skills

Thursday, May 14, 2015 – 8:15 a.m. to 4:15 p.m.

Location: QNET – Suite 660, 175 Hargrave Street, Winnipeg

Are you a manager, supervisor or leader? Here is an opportunity to develop a deep understanding of coaching competencies and skills that can be easily implemented in everyday workplace situations.

Gain tips to increase awareness, accountability and employee engagement, and learn new skills to expand on the essential coaching skills in your toolkit.

At this one day workshop you will:

- Learn the art of asking powerful coaching questions.
- Practice collaborative dialogue.
- Experience empathetic and compassionate listening.
- Practice coaching strategies such as accountability and engagement.
- Learn to motivate, inspire and enthuse awareness and creativity at work.

Learners will engage in an interactive, action learning format with coaching practice and skill building techniques to shore up their toolkits. Examine core coaching skills that will enhance your critical thinking and decision making skills.

Facilitator: Joyce Odidison is President of Interpersonal Wellness Services Inc. & Coaching Institute. Joyce is the founder of Manitoba's only internationally recognized coach training certificate program, approved by the International Coach Federation (ICF). ICF is the largest governing body for coaches globally. Joyce has 20 years' experience as a trainer and facilitator, is a member of the Canadian Society for Training and Development (CSTD) and has been training coaches in Manitoba since 2007. Joyce is a professional certified coach, strategist, conflict analyst and workplace wellness consultant, known for creating successful results-oriented corporate programs.

This workshop is:

- An optional course in the 70 credit hour QNET Certificate in Management Development (CMD).
- Eligible for credit in the CAM:OE (Certificate in Applied Management: Organizational Effectiveness) in partnership with the University of Manitoba, Continuing Education.
- Presented by QNET in partnership with APICS Winnipeg Chapter and Industry Services, Jobs and the Economy, Province of Manitoba.

Fee: (includes a light lunch)

- \$349.00 + GST for Members of QNET or APICS
- \$419.00 + GST for Non-Members

REGISTER ONLINE at www.qnet.ca



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