

WORKPLACE WELLNESS

QNET Presents:

Ergonomic Assessments, Train-The-Trainer

Date TBD – 8:15 a.m. to 12:30 p.m. or 12:15 p.m. to 4:30 p.m.

This half day course teaches facility representatives the foundation of ergonomic principles, how to assess for musculoskeletal risk factors and how to solve common ergonomic challenges. An ergonomic assessment checklist is provided as well as a process for communicating ergonomic risk identification in the workplace. Participants are provided with hands-on instruction for working through sample ergonomic assessments and are given worksheets to practice these skills. On-going support from the Enabling Access Consultant is provided to ensure assessments are being completed effectively. Participants will be provided with skills and tools to conduct the ergonomic assessments in-house with minimal outside support required.

Although this is not an ergonomic certification course, it will provide participants with basic knowledge and skills to conduct office-based ergonomic assessments. Participants will be able to identify risk factors and provide practical and low cost solutions in their own workplace.

Presenter: Marnie Courage is the owner and Principal Consultant at Enabling Access (www.ea-solutions.ca). A registered Occupational Therapist with over nine years experience in the private and public sectors, Marnie consults in rehabilitation services for children and adults with disabilities, as well as ergonomics and workplace injury prevention for office and industrial based companies. She completed the Matheson Ergonomic Evaluation Certification Program, holds a BA in Psychology and a BA of Medical Rehabilitation in Occupational Therapy. Marnie is a regular guest lecturer for the Occupational Therapy Program at the University of Manitoba.

PRESENTED IN PARTNERSHIP WITH:

Industry Workforce Development, Manitoba Competitiveness, Training and Trade Canada / Manitoba Business Service Centre

REGISTER NOW - Fax this form to (204) 949-4990 or visit www.qnet.mb.ca to register online

Fee: \$134.00 + GST for QNET Members \$159.00 + GST for Non-Members
Name _____ Title _____
Organization _____ City _____
Ph _____ Fax _____ Email _____
Payment method: VISA AMEX MasterCard Cheque Enclosed
Card # _____ Expiry _____
Cardholder name _____ Signature _____

Participants will receive location/ final details about 3 days prior to session; please contact QNET if you do not receive this information. Cancellations must be received in writing no later than 6 business days prior to the course. After that time, the full registration fee will apply and only replacement participants will be accepted. Invoices will be sent for non-attendance. G.S.T. Reg # 899755334RT.



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