

# LEADERSHIP & MANAGEMENT

QNET presents:

## Igniting Corporate Spirit, Understanding Self / Understanding Others

Thursday, December 3, 2009 – 8:15 a.m. to 4:30 p.m.

Learn how to improve personal effectiveness through understanding self, and building team effectiveness through understanding others. This one day workshop provides you an opportunity to build personal and team effectiveness through an exploration of personal preferences, communication skills, strengths and possible opportunities unique to us.

You will be provided a comprehensive personal Insights Discovery Profile that will be used throughout the workshop. Your profile is confidential and will not be shared with anyone but you. You will discover the value you bring to your team, and how you can enhance the value in others.

### Workshop agenda includes:

- The power of perception
- Four color energies - strengths and weaknesses, gifts and liabilities
- Preferences – how we express ourselves, make decisions, take in and process information
- Dealing with blind spots, adapting and connecting
- Recognizing type – body language, verbal clues, environment
- Value to the team – characteristics of winning teams
- Communication, stress, goal setting

### Facilitator: Yvonne Thompson, Principal Consultant, Change Innovators Inc.

Yvonne Thompson has been a business leader and human resource specialist for over 15 years. Her company Change Innovators specializes in organizational wellness, leadership and change management. Yvonne's specialized training programs focus on the overall wellness of organizations and the people within them. She teaches Organizational Behaviour and Organizational Wellness and Developing Safety Culture at Red River College and is also an instructor and facilitator for the Canadian Society of Safety Engineering.

This workshop is:

- An optional course in the 70 credit hour **Certificate in Management Development (CMD)**
- Eligible for credit in the **CAM:OE (Certificate in Applied Management: Organizational Effectiveness)** in partnership with the University of Manitoba Continuing Education

**PRESENTED IN PARTNERSHIP WITH:** Industry Workforce Development, Manitoba Competitiveness Training & Trade Canada / Manitoba Business Service Centre

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**REGISTER NOW** - Fax this form to (204) 949-4990 or register online at [www.qnet.mb.ca](http://www.qnet.mb.ca)

Fee:     \$329.00 + GST for QNET Members                       \$389.00 + GST for Non-Members  
Name \_\_\_\_\_ Title \_\_\_\_\_  
Organization \_\_\_\_\_ City \_\_\_\_\_  
Ph \_\_\_\_\_ Fax \_\_\_\_\_ Email \_\_\_\_\_  
Payment method:    VISA                       AMEX                       MasterCard                       Cheque Enclosed  
Card # \_\_\_\_\_ Expiry \_\_\_\_\_  
Cardholder name \_\_\_\_\_ Signature \_\_\_\_\_

Participants receive location / final details approximately 3 days prior to session, please contact QNET if you do not receive this information. Cancellations must be received in writing no later than 6 business days prior to the course. After that time, the full registration fee applies; replacement participants accepted anytime. Invoices are sent for non-attendance. GST Reg# 899755334RT.



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