

# QUEST SERIES

**QNET presents:**

## **Personal Strategic Action Planning**

**Wednesday, September 16, 2009 – 7:30 a.m. to 9:30 a.m.**

We don't think twice about doing a strategic plan for our businesses and organizations, but very few people take the time to complete a personal strategic plan for themselves. Top performers have a written plan to continuously strive to be the best they can be, personally and professionally. This involves looking at all aspects of your life and developing a plan aligned with your business / work mandate that helps you move from where you currently are to where you want / need to go. Your "personal wheel" rolls smoother and you avoid the "blender mind set" (where all your great ideas... to do's... potential actions whirl around in your head going nowhere.) You will leave this session with a practical planning tool and an action oriented framework to successfully move forward on addressing your long range needs, wants and desires.

**Learning Objectives:**

- Exposure to a personal planning coaching tool for all areas of one's life
- Develop a plan that moves you away from a 'Monday to Friday' survival mode
- Tips on 'maintaining balance' in hectic times

**Presenter:** Cec Hanec, President, Owner of Cec Hanec & Associates Inc.

Through creative, customized solutions for the people side of business, Cec delivers leadership coaching and performance enhancement services for organizations and individuals wanting to improve their hiring, retention, communication and performance management practices. Cec is certified as a Behavioural Analyst, (CBA), Values Analyst (CVA), TriMetrix™ Analyst (CPTA), Professional DNA™ Analyst (CPDA) for Talent Management, Job Benchmarking and Performance Coaching. Winner of the 2006 Manitoba Woman Entrepreneur of the Year award for Contribution to Community and of the President's Award from Target Training Performance Systems International, she is an acknowledged leader in innovative solutions and processes that energize and inspire.

**QUEST** is a series of information sessions that bridge the gap between business needs and local consulting expertise. Presentations feature a variety of concepts, tools and practices relevant for today's workplace.

**PRESENTED IN PARTNERSHIP WITH:**

Industry Workforce Development, Manitoba Competitiveness Training and Trade  
Canada / Manitoba Business Service Centre

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Fee:     \$35.00 + GST for QNET Members                       \$45.00 + GST for Non-Members

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Participants will receive location/ final details about 3 days prior to session; please contact QNET if you do not receive this information. Cancellations must be received in writing no later than 6 business days prior to the course. After that time, the full registration fee will apply and only replacement participants will be accepted. Invoices will be sent for non-attendance. G.S.T. Reg # 899755334RT.



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