QNET Presents:

Mental Health in the Workplace: Issues and Tools

Thursday, February 26, 2009 - 11:00 a.m. to 1:30 p.m.

Mental Health disorders cost Canadians an estimated $33 Billion per year and Canadian companies approximately $16 billion annually or nearly 14% of net profits. Many employers understand the rising cost of stress-related disabilities but lack the knowledge and tools necessary to manage these costs.

This presentation will provide you with a basic understanding of the issues and tools to begin to address this costly human resource issue, including topics such as:

- Facts, Stats and Economics of Mental Health
- Defining Mental Health (positive and disabled)
- Depression: stigma and how it is affected by the workplace and the affects on work performance
- Treatment and Outcome stats for Depression
- Depression and Presenteeism
- Work as a cause/contributor to Mental Health disabilities
- Concerns for the Workplace
- Addressing concerns for the workplace

Facilitator: Don Smith, Occupational Rehabilitation Group of Canada (ORGOC)
Don has been the Managing Partner of ORGOC since 2005 and previously worked as a Rehab Consultant specializing in Mental Health Disabilities. He has developed strategies and programs for individuals experiencing mental health disabilities and has established processes for returning these employees successfully to the workplace. He presents numerous workshops and seminars to employer groups, students and insurers on topics such as Stress Related Disabilities and Complex Disability Case Management. Under his direction ORGOC has developed and implemented Disability Management Solutions and Vitality, a Mental Health Initiative of ORGOC.

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