

MANITOBA'S CONFERENCE FOR LEADERS | APRIL 21-23, 2021



PRESENTS

Reset Refresh Reenergize

FEATURING INTERNATIONAL BEST SELLING AUTHOR **NEIL PASRICHA**

Find your awesome - Shift your thinking - Get back to it

Manitoba's Conference for Leaders, Presented by QNET

We've gone VIRTUAL! Wednesday to Friday, April 21-23, 2021

Yes, real life is about hard work. But we can still find ways to spark creativity, infuse balance, cultivate new ideas, and maybe even add some play into our work life.

Join hundreds of other forward thinking leaders - current, emerging and aspiring - for a three full days of learning and networking. Gain the tools and inspiration to refresh your thinking and put new ideas into practice.

Kick off day one with an energizing Opening Keynote by Neil Pasricha, then create your own customized conference experience with relevant breakout sessions in four targeted streams - Leadership, Quality, Wellness and Tools.

Challenge yourself to a leadership reset, refresh your thinking, and move forward with renewed energy, clarity and confidence.



OPENING KEYNOTE: NEIL PASRICHA

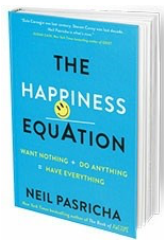
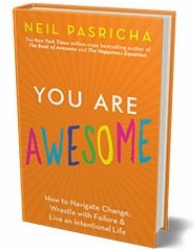
One of the ten most inspiring TED speakers of all time and New York Times bestselling author of seven books which have sold over a million copies and spent over 200 weeks on bestseller lists.

Considered a thought leader for the next generation, Harvard educated [Neil Pasricha](#) is a top rated leadership keynote speaker, award-winning blogger, and a positive psychology researcher.

A highly sought-after conference headliner, Neil has spoken to hundreds of thousands of people around the world. He draws on the latest research to increase individual performance and create a more positive, productive workplace.

Pasricha spent a decade running leadership development at the world's largest company, Walmart. In partnership with Harvard University he designed one of the first global leadership development programs inside a Fortune 10 company.

Neil's highly anticipated latest book, [You Are Awesome: How to Navigate Change, Wrestle with Failure and Live an Intentional Life](#), is changing the way we view failure and helping us build resilience.



Award-winning blogger, top rated keynote speaker, best-selling author

Neil has written five *New York Times* and #1 International Bestsellers including [The Book of Awesome](#), based on his 50 million hit, award-winning blog, and [The Happiness Equation: Want Nothing + Do Anything = Have Everything](#). His books have been on bestseller lists for over 200 weeks and sold millions of copies.

One of the most popular [TED speakers](#), Neil's first TED talk ranked as one of the ten most inspiring of all time with over 3 million views, and his second, the world's first ever TED Listen, was composed entirely of questions. He gave the most attended feature keynote at SXSW 2019 called *Building trust in distrustful times*.

Neil hosts an Apple "Best of" award-winning podcast called [3 Books](#) where he is on an epic 15-year-long quest to uncover the 1000 most formative books in the world. Pasricha's work has been featured in hundreds of outlets including CNN, BBC, The Today Show, The Early Show, Harvard Business Review, Fast Company, Fortune, and Forbes. He has degrees from Queen's University and Harvard Business School, and lives in Ontario with his wife Leslie and their four boys.

CLOSING / DAY THREE KEYNOTE SPEAKER: Dr. Shimi Kang

Award-winning Harvard trained Psychiatrist Best Selling Author and Keynote Speaker

An entertaining and experienced speaker, Dr. Shimi Kang is an award-winning medical doctor, researcher and expert on the neuroscience of innovation, leadership and motivation.

With 20 years of clinical experience and extensive research in the science that lies behind optimizing human intelligence, Kang provides science-based solutions and tools to cultivate the key 21st century skills of resilience, connection, creativity, the power of play, critical thinking, and more.

Shimi has presented at events ranging from the world's largest conferences to customized workshops for small groups. Her work is often featured in major media outlets around the world, including BBC World News, NPR, CBC, *The Washington Post*, *Huffington Post*, *Psychology Today*, and *TIME magazine*, to name a few.

[Dr. Kang has presented at the world's largest conferences and has shared the stage with cutting edge scientists, movie stars, professional athletes, national politicians and CEOs. Her TEDx presentation on the power of adaptability has been viewed over a million times.](#)



Shimi is the author of *The Self-Motivated Kid*, and the critically acclaimed *The Dolphin Parent: A Guide to Raising Healthy, Happy, and Self-Motivated Kids*, which is a #1 Canadian bestseller and won the 2015 US News International Book Award. Her latest book, *The Tech Solution*, provides neuroscience-based strategies to optimize technology's incredible benefits while minimizing its many drawbacks.

A Clinical Associate Professor at the University of British Columbia and past Medical Director of Child and Youth Mental Health for Vancouver, Dr. Kang is also the founder of Dolphin Kids: Future-Ready Leaders, CEO of Spark Mindset App, and host of the YouTube show *Mental Wealth with Dr. Shimi Kang*".

CONFERENCE BREAKOUT SESSIONS

Join us for an outstanding lineup of breakout sessions in four streams:

Leadership & Management

Quality & Effectiveness

Workplace Wellness

Tools & Techniques.

Leadership & Management

Leader in the Mirror April 21 – 11:15 – 12:15

How do leaders spark creativity, infuse balance and cultivate new ideas?

They set the tone, impact commitment and shape culture to reset, refresh and reenergize their teams and organizations.

Connect with a panel of leaders who look in the mirror and make a difference to their people, organizations and communities. Hear their stories and leave with ideas you can take back to your workplace.

Presenters:

Manny Atwal, President & CEO, Manitoba Liquor & Lotteries
Doug Chervinski, Chief Human Resources Office, St. Boniface Hospital
Jane Helbrecht, Partner, Acuity HR Solutions
Moderator: P Janice Gair, President & Co-Founder, The EI Advantage

Leadership & Management

Play for Change! April 23 – 9:30 – 11:00

Are you looking to understand and deal with change in a more positive and playful way?

This session introduces the key pillars of play and its application to change management.

As workplaces become more diverse and change becomes more complex, methods that use these pillars in a meaningful way become increasingly important.

Learn about LEGO® SERIOUS PLAY® and its application to change management, experience the benefits of diverse perspectives, and understand how the pillars of play can make your change process more efficient, supported, and thoughtful.

Presenters:

Darrell Cole, Certified Facilitator LEGO Serious Play, Brickstorming
Kristen Klassen Ph.D., Certified Facilitator LEGO Serious Play * Owner, Brickstorming

Quality & Effectiveness

Rethink Excellence: A Systems Approach April 22 – 11:15 – 12:15

Is it time to rethink operational excellence?

A comprehensive systems approach includes success indicators in improved quality, safety, cost, delivery, environment and morale.

Learn about a leadership system designed to improve performance for all stakeholders through the collective talent and efforts of focused, engaged people.

Discover how you can reset and implement this approach with leadership, strategy, cross functional management and small groups.

Hear firsthand the insights, challenges and lessons learned from a SaskPower Power Production Unit's experience.

Presenter:

Vern Campbell, Lean Six Sigma Master Black Belt and Principal, Process Management by VFC
Howard Matthews, Vice President Power Production, SaskPower

Quality & Effectiveness

Reenergize a Culture of Innovation April 22 – 2:00 – 3:30 (MAX 50 participants)

Do you let fear quash innovative ideas before they see the light of day? You are not alone.

Learn how you can leverage tools in innovation systems to articulate fear, face it head on, and do it in a way that engages and energizes teams to generate results.

In this fun and interactive session, you will learn how to re-label fear, leverage Plan-Do-Study-Act cycles to address fear, and use tools to generate ideas in an engaging way.

Presenters:

Rhonda Honke, Education and Coaching Practice Lead, inVision Edge
Ryan Ramsdale, Innovation & Strategy Coach, inVision Edge

Workplace Wellness

Find the Good – It's Refreshing! April 22 – 1:15 – 1:45

Are you looking for new tools and approaches to help refresh and re-energize your team?

At this session you will learn about the strengths-based approach and languages of appreciation.

Find out why and how a small non-profit used this approach to build trust, reset and have more fun at work.

Discover how this foundation was beneficial as the organization transitioned to virtual work, then explore how it can work for you and your team.

Presenters:

Christine Ens, Executive Director, Mediation Services

Workplace Wellness

Happiness at Work April 23 – 11:15 – 12:15

Most people spend the vast majority of their waking hours working.

Whether or not their work environment cultivates a sense of happiness has a huge impact, not only on job satisfaction, but on individual lives as a whole.

This session will help individual and teams create work environments that are healthy and enjoyable, whether they are working together in person or remotely.

Participants will learn how to influence the mood and energy of their work environment in positive ways through a variety of interactive and fun activities.

The insights learned will give individuals and teams the tools necessary for creating positively contagious environments that pave the way for increased happiness at work.

Presenter:

Rolande Kirouac, Trainer & Consultant, The ACHIEVE Centre for Leadership

Tools & Techniques

Bouncing Back: Tools for Team Resilience and Reset April 21 – 1:15 – 2:15

Conflict, complaints and difficult moments can occur in any team or workplace, and have the potential to deeply erode trust and culture.

Prepare your team and minimize the potential damage with practical, high impact tools and activities that have been proven to help teams build trust, increase resilience and facilitate team renewal.

In this session you will explore specific processes for identifying strengths, mapping issues and developing team expectations on how to address future challenges.

This proactive approach will equip your team to reset and reenergize in ways that help prevent, manage and recover from future difficult moments productively.

Presenter:

David Falk MA C.Med, Organizational Consultant, Workplace Mediator and Conflict Management Specialist, Facilitated Solutions

Tools & Techniques

Integrating the Art of Play in Every Work Day April 21 – 2:45 – 3:30 (Presentation Edition) April 22 – 9:30 – 10:45 (Workshop Edition)

It seems that between navigating the intensive preplanning of a hybrid work setting and balancing the goal-oriented needs of business, we have lost the art of play. Is it time for a reset?

In this session you will gain familiarity with a variety of virtual hands-on interactive tools that can be incorporated to facilitate playful creativity.

Come prepared to listen, reflect and share within the chat.

Don't miss this opportunity to discover approaches that will create laughter, spur creativity, and provide inspiration to refresh and reenergize.

Presenters:

Kimberley Halwas, Founder, Career Coach & Facilitator, Infinity Career & Development Consulting
Martin Kaethler, Workshop Developer & Facilitator, Martin Kaethler Consulting Services

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Showcase your organization and expertise, increase your brand awareness and demonstrate your commitment to leadership, learning and excellence in Manitoba. Full conference passes come with all sponsorships!

Connect with a cross-sectoral audience of 400+ professionals and leaders - current, emerging and aspiring - from the private and public sector. Now in its 25th year, the QNET Conference is one of the longest running conferences of its kind in Manitoba.

Platinum



Gold



Silver



Bronze



WHAT WE'RE ABOUT

QNET offers high quality workshops, certificate programs, conferences and special events designed to advance your learning, growth and professional development. Our network of members and clients are focused on leadership and organizational excellence.

Participants in QNET programs come from a wide variety of roles in diverse sectors such as service, health, manufacturing, government, education, non-profit, and consulting. Established as a non-profit association in 1995, QNET continues to lead an ongoing process of awareness, networking and education in a changing business environment.

Check out QNET's [Calendar of Upcoming Events](#) to find out how you can join in the learning & networking, [sign up](#) to receive email announcements & conference updates, and be sure to follow [@QNETManitoba](#) on social media and use the hashtag [#QNETMB2021](#):



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CONFERENCE PRESENTED BY QNET

